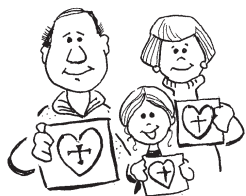




JULY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Create a Summer Bucket List! Gather together and let everyone add their favorite ideas for summer fun.	2 Have an A-Z scavenger hunt in the backyard. 	3 First Friday Visit Jesus in the Blessed Sacrament. Thank Him for all your blessings. 	4 4th of July! Sing "God Bless America!"
5 Attend Mass and pray for a fun, safe, and holy summer!	6 Create colorful "stained glass" Gospel scenes using markers and tracing paper. Hang in your windows and watch the sunlight stream in. 	7 THINK before speaking: is it True, Helpful, Inspiring, Necessary, or Kind?	8 Play frisbee or a game of catch in the backyard. Winner picks dinner. Runner-up picks dessert.	9 Ask your pastor or parish office how your family can help out in the parish. 	10 Start a Summer Memories book. Add weekly pictures of family memories from summer.	11 Tackle a project you've been putting off.
12 Celebrate "mini-Easter" by having ice-cream sundaes after Mass.	13 Tonight, have everyone list something they admire about someone else at the table.	14 Make a meal for a friend or neighbor who is sick. Little ones can decorate Get-Well cards.	15 Attend Confession together. Make sure everyone is well-prepared.	16 Our Lady of Mt. Carmel Enjoy a caramel-themed dessert and pray a Rosary in honor of Our Lady.	17 Abstain from unnecessary screen-time from 12-3 PM.	18 "Tour" your city and learn its history. List places you would recommend to someone new.
19 After Mass, pray St. Gertrude's prayer for souls. Find it here: https://www.catholicmom.com .	20 Pray for anyone traveling this week.	21 Perform an unpleasant chore or task and offer it up for souls.	22 Create a family dinner for which each person makes part of the meal.	23 Ask forgiveness of anyone you've hurt. Offer forgiveness, too. 	24 Family Fun Night Put away the screens and pull out the boardgames!	25 When shopping for school supplies, buy extras for a family in need.
26 After Mass, discuss the homily in terms children can understand.	27 Pick a Beatitude and try to live it all day (Matthew 5:3-11). 	28 Watch a sunset together and praise God for His creation.	29 Sts. Martha, Mary, and Lazars Invite friends over for dessert in honor of these great friends of Jesus.	30 Offer to do yardwork together for an elderly neighbor.	31 Pray the Chaplet of Divine Mercy for those struggling now. Find it here: https://www.usccb.org .	



AUGUST 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Visit another Catholic church nearby. Write down prayer intentions for your "pilgrimage."
2 After Mass, pray an Our Father and a Hail Mary for the pope's intentions.	3 Pick one of the Corporal Works of Mercy to work on this month.	4 St. John Vianney In honor of the patron of priests, send a card to your parish priest. 	5 Build a pillow and blanket fort and read books by flashlight.	6 Transfiguration Wear white to recall that Jesus' clothes turned "white as light" (Matthew 17:2).	7 First Friday Attend Daily Mass. Thank Jesus for all He does for you.	8 St. Dominic Pray a family Rosary together for peace.
9 After Mass, talk about how you can put the Gospel (Matthew 14:22-33) in practice.	10 Write up a short family prayer to pray together daily this school year.	11 St. Clare of Assisi In St. Clare's honor, enjoy a good movie and popcorn.	12 Attend Confession, then go out for a treat to celebrate God's mercy.	13 Donate any winter clothes in good condition but that no longer fit. 	14 Offer a small sacrifice for Jesus, just for today.	15 The Assumption Make flower bouquets and put them before an image of Mary.
16 After Mass, pray an Apostles' Creed. As a family, renew your Faith commitment.	17 Bless each child before the day's events. 	18 Today, give up complaining.	19 Have everyone name two things they're looking forward to this Fall. 	20 Set up a jar for spare change. Bring it to church when full.	21 Blow bubbles! Dip bent hangers in water with dish soap for best results.	22 Queenship of Mary Light a candle and sing the "Hail, Holy Queen" prayer.
23 After Mass, visit a cemetery and pray for those who passed away.	24 Anytime you catch yourself worrying, offer a prayer of trust or thanksgiving instead.	25 Eat breakfast food for dinner.	26 Practice patience - patiently!	27 Look for how God showed He loves you and share it at bedtime.	28 Family Movie Night Order pizza, relax, and enjoy a good movie.	29 Draw uplifting chalk messages on the sidewalk or driveway.
30 Stay after Mass to thank God for His blessings this Summer.	31 Go through your Summer Memories book and recall your favorite ones.					