



Summer is the best time to complete your child's physical and update their immunizations with their medical provider!

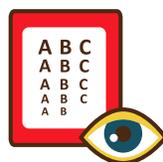
NYSED Required Physicals



- For new students to the district and pre-K, K, grades 1, 3, 5, 7, 9, 11, those participating in sports and those acquiring working papers
- Sports and working paper physicals must be done within the 12 months prior to working paper request or the start date of sport tryouts
- In-school physicals will be provided by a licensed school medical provider for those students who do not have an updated required physical (In-school physicals, if missed, will not be rescheduled)
- Current physical for 2025-26 is any physical dated on or after Sept. 1, 2024
- A completed physical exam form must be submitted. The form can be found at www.blessedsacramentschool.org/parents/health-forms
- Provide a copy of the completed physical exam form to the School Nurse, fax to (315) 463-0253 or email it to bssnurse@syrdioocese.org

NYSED Mandatory Health Screenings

(Will be done in school if not completed on physical exam)



- Vision:
 - Color, distance, near vision for newly enrolled students within 6 months of admission to school
 - Distance and near vision for grades K, 1, 3, 5, 7, 11 and when deemed necessary
- Hearing: All new students within 6 months of admission, K, 1, 3, 5, 7, 11 and when deemed necessary
- Scoliosis:
 - Scoliosis screening for girls in grades 5 & 7 and boys in grade 9

In-School Medications



- Must be carried to and from the school health office by an adult
- In-school medication must have a medical order indicating school day administration and instructions
- Must have written consent by the parent to give medication at school
- Medication must be in the original container
- Same rules apply for over-the-counter medications
- All medications that can be given at home, should be given at home

Immunizations



- Update your child's immunizations at your child's yearly physical with their medical provider
- 2025-26 NYSED mandatory immunization chart for NYS schools can be found on the SCSD Health Services webpage
- COVID-19 & Flu vaccinations or boosters recommended but not required
- In NYS there are no religious exemptions for required school vaccinations
- Medical immunization exceptions must be provided by a licensed NYS medical provider on a yearly basis

Healthy Habits



- Good individual health and safety practices such as frequent hand washing
- Frequent cleaning and good ventilation will be in effect in our schools
- Masking optional
- If your child has COVID-19 or flu symptoms, keep your child home and call your child's doctor

Complete all forms and return to your child's school nurse on the first day of school.



Please keep your child home if they have any of the following: a fever greater than 100.4° F, vomiting, diarrhea. A child with any of these symptoms will need to go home and remain home until all symptoms are gone for 24 hours. Always seek medical care if your child has a worsening illness.